

Mask Fit Testing Instructions

Please read the instructions thoroughly.

Prior to attending:

- Complete the Alberta Health Services COVID-19 Self Assessments **Alberta Health Services COVID-19 Self-Assessment**.

Please cancel and/or rebook your N95 Mask-fit test if you answer yes to any of the following:

- Do you have any of the following symptoms which are new or worsened if associated with allergies or chronic/pre-existing conditions:
 - fever, cough, shortness of breath, difficulty breathing, sore throat, and/or runny nose?
- Have you returned/arrived to Canada in the last 14 days (including the USA)?
- Have you been in close contact with anyone who has arrived/or returned to Canada in the last 14 days who has acute respiratory illness?
- Have you been in close contact with anyone who is COVID-19 positive or showing symptoms of COVID-19?

In addition to protect your safety and comply with Public Health the following will occur:

- Public Health posters will be placed to remind students of social distancing requirements
- The Contractor will perform additional COVID-19 safety protocols to support everyone's safety
- Mask-fit stations will be set up to ensure 6 feet /2 metres requirements are respected
- Only 5 students will be tested at a time
- Cleaning of equipment, table and chairs will occur between testing sessions
- Appropriate safety precautions will be taken while administering the test
 - Ensure you follow all signage and instructions shared by test administrator

This will increase the safety of other students and staff, as well as to reduce the risk of potential spread.

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Mask Fit testing is a requirement for your Clinical Checklist. Proof of Mask Fit Certification must be completed and submitted before the deadline determined by the Clinical Placement team.

The Mask Fit Certification is valid for 2 years. NorQuest provides Mask Fit Certification **one time** to students; once it expires, it is the student's responsibility to recertify including any costs associated.

This specially fit respirator is to help protect you from airborne contaminants such as tuberculosis or H1N1. The difference between a surgical mask and an N95 respirator is that the respirator fits tightly around your face, giving you a seal for protection, as well as having a filter to protect you. You may be required to wear a mask during your clinical placement.

PLEASE ENSURE THE FOLLOWING:

- Please wear a non-medical mask or face covering while in common spaces at NorQuest College.
- Bring a seal-able plastic bag to the appointment, so that the masks can be taken away in a safe manner after testing.
- Please arrive **10 MINUTES** prior to your appointment time.
- If you have long hair, we recommend that you tie it back.
- DO NOT eat, drink, chew gum or smoke at least 20 minutes prior to the Mask Fit Testing.
- Ensure the required forms are completed "First page of **Qualitative Fit Test Record**".
- Males **MUST BE** clean shaven on the day of the fit test. If you are not clean shaven, you will not be tested.
- Please do not bring your children/dependants to the appointment as they will not be permitted to sit with you for the fit test.

Please note we require 24 hour notice to cancel an appointment, you can e-mail us at wellness@norquest.ca.

If you are late or fail to show up for your appointment, please note there are limited places in Edmonton providing this service at this time.