

NorQuest Student Opportunity & Achievement Record (SOAR)

Student Guide and FAQ



Student Opportunity & Achievement Record (SOAR)

SOAR is a place for students to record their superpowers! It is an official college record that helps students tell the story of out of classroom skills and experiences (their superpowers) that can assist them as they seek future employment, further studies or other opportunities!

SOAR includes opportunities, activities, and experiences completed through the College including Work Integrated Learning (WIL) and on campus work and volunteerism. These experiences are verified by a college employee, so it's all official!

You can use SOAR when you are:

- Applying for jobs
- Planning for further education
- Preparing for interviews

Get Involved at NorQuest!

Want to get involved, but not sure where to start? You can explore activities like volunteering, mentoring, and much more. [Browse the list of opportunities](#) and track your experiences using SOAR.

Add an Activity to SOAR:

Follow these steps to add to your Student Opportunity and Achievement Record (SOAR):

1. Click here to access [CareerQuest Hub](#).
2. Once you log in, select **Student Opportunity & Achievement Record (SOAR)** from the left-hand side bar.
3. Select **Add to My SOAR**.
4. Once you have completed an activity (not while you are still participating), request to add that activity within 2 weeks of completing it.
5. An activity validator will review your request within 2 weeks of submission and approve your request.
6. The activity will appear on your SOAR once validated! Share your SOAR with employers or add to your applications, either by printing or including a link.

Questions? Need help adding to your SOAR? Connect with us at cqhub@norquest.ca



Please note: The Student Opportunity & Achievement record can include approved activities from July 1, 2022 and onward. Activities from before this date are not eligible.

SOAR Categories

Each activity will be categorized into one of the following:



LEADERSHIP Activities that support NorQuest learners to develop, grow or maintain their personal and professional leadership skills and competencies.

- Peer Mentor
- RBC Student Ambassador
- SANQC Executive or Council Members
- Student Societies or Leadership/Governance Councils



PERSONAL AND PROFESSIONAL DEVELOPMENT Activities that support NorQuest learners to develop, grow or maintain personal and professional knowledge, skills and attitudes.

- Business Case Competition
- Workshops
- Conferences
- Non-Credit Courses or other programs that increase personal or professional competency



THE LEARNER EXPERIENCE Activities that support NorQuest learners to engage in campus or campus-sponsored activities that promote skill or competency development, growth or maintenance.

- Campus co-curricular engagement activities such as e-sports



VOLUNTEERISM AND SERVICE Activities where NorQuest learners engage in acts of volunteerism or service on campus or campus-sponsored activities that promote skill or competency development, growth or maintenance.

- Orientation Lead
- Career Fair Volunteer
- Business Conference Volunteer



Frequently Asked Questions:**1. What are the timelines for making a request?**

We encourage students to apply to have their activity included on their record as soon as they complete the activity, usually within two weeks.

Note: You must apply to have your SOAR activities recorded for the academic year (July 1 to June 30) by June 25 annually.

2. I am not able to login. Who can I contact?

Please connect with [Computer Commons](#) for support with password changes.

3. I am having trouble with SOAR. Who can I contact?

Connect with CareerQuest Hub support at cqhub@norquest.ca

4. Does SOAR include my Work-Integrated Learning (WIL) and/or Community Service Learning (CSL) experiences?

SOAR will automatically include WIL and CSL activities for students in many programs at NorQuest, except for students in following programs:

- Addictions Recovery Practitioner
- Advanced Education in Orthopaedics for LPNS
- Arts and Sciences
- Child and Youth Care
- Community Support Worker
- Dental Office Assistant
- Disability Studies,
- Early Learning and Child Care (Certificate & Diploma),
- Educational Assistant
- Environmental Protection Technology
- Health Care Aide
- Teaching English as a Second Language
- Teaching English as an Additional Language Professional
- Veterinary Office Assistant
- Health Care Leadership
- Hospital Unit Clerk
- Indigenous Studies
- Interdisciplinary Therapy Assistant
- Justice
- Medical Device Reprocessing Technician
- Medical Office Assistant
- Health Recovery Practitioner
- Optical Office Assistant
- Pharmacy Technician
- Practical Nurse
- Social Work



5. **What types of opportunities can be included in SOAR?**

Please see our eligibility criteria outlined below.

Eligibility Criteria

All activities currently listed in our SOAR Activity List have undergone a thorough review to determine their eligibility for SOAR. If you have participated in an activity at NorQuest that is not listed on the SOAR Activity List and would like for it to be added, please contact cqhub@norquest.ca so the college can review and determine eligibility.

