

Mask Fit Testing Instructions

Read the following instructions thoroughly.

Before your appointment:

Complete the [Alberta Health Services COVID-19 Self-Assessment](#).

Cancel and/or rebook your N95 mask fit test if you answer **yes** to any of the following:

- Do you have any of the following symptoms which are new or worsened if associated with allergies or chronic/pre-existing conditions:
 - fever, cough, shortness of breath, difficulty breathing, sore throat, and/or runny nose?
- Have you returned to/arrived in Canada in the last 14 days (including from the USA)?
- Have you been in close contact with anyone who has arrived/or returned to Canada in the last 14 days who has an acute respiratory illness?
- Have you been in close contact with anyone who is COVID-19 positive or showing symptoms of COVID-19?

To protect your safety and follow public health measures:

- public health posters are in place to remind students of social distancing requirements
- the contractor will perform COVID-19 safety protocols to support everyone's safety
- mask fit stations are set up six feet apart
- only five students are tested at a time
- cleaning of equipment, table, and chairs occurs between testing sessions
- appropriate safety precautions are taken while administering the test

Ensure you follow all signage and instructions shared by test administrator. This will increase the safety of other students and staff, as well as reduce the risk of potential spread.

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Mask fit testing is a requirement for your clinical checklist. Proof of mask fit certification must be completed and submitted before the deadline determined by the clinical placement team.

The mask fit certification is valid for two years. NorQuest College provides mask fit certification one time to students. Once it expires, it is the student's responsibility to recertify including any costs associated.

This specially fit respirator is to help protect you from airborne contaminants such as tuberculosis or H1N1. The difference between a surgical mask and an N95 respirator is that the respirator fits tightly around your face, giving you a seal for protection, as well as having a filter to protect you. You may be required to wear a mask during your clinical placement.

Ensure the following:

- Wear a non-medical mask or face covering while in common spaces at NorQuest College.
- Bring a sealable plastic bag to the appointment so that the masks can be taken away in a safe manner after testing.
- Arrive 10 minutes before your appointment time.
- If you have long hair, we recommend that you tie it back.
- Do not eat, drink, chew gum, or smoke at least 20 minutes before the mask fit testing.
- Ensure you complete the required form: "First page of **Qualitative Fit Test Record**".
- Males must be clean-shaven on the day of the test. If you are not clean-shaven, you will not be tested.
- Do not bring your children/dependants to the appointment as they will not be permitted to sit with you for the test.

We require 24 hours' notice to cancel an appointment. Email us at maskfittest@norquest.ca.

If you are late or fail to show up for your appointment, there are limited places in Edmonton providing this service now.